



## Patient Evaluation For Skin Type

This information will help our office to better evaluate your skin type. Skin type is often categorized according to the Fitzpatrick Skin Type Scale. Individual skin types range from very fair (skin type 1) to very dark (skin type 6).

The three main factors we use to best determine your skin type are:

1. **Genetic Disposition:** Skin type is determined genetically and is one of the many aspects of your overall appearance, which includes the color of your eyes, hair, etc...
2. **Reaction to Sun Exposure:** The way your skin responds to sun exposure is another way of correctly assessing your skin type. Your answers to each question in this section should reflect your skin reaction to the sun during the first exposure of the year.
3. **Tanning Habits and Recent Sun Exposure:** Recent tanning, whether by the sun or an artificial tanning source, even tanning creams, can have a significant impact on your skin type evaluation.

By using the information your provide on this form, we can better determine if you are a candidate for treatment. Please take a few minutes to fill out the questionnaire.

**Record the Total Score From Each Section**

**Part 1: Total Score For Genetic Disposition**

**Part 2: Total Score For Reaction to Sun Exposure**

**Part 3: Total Score for Tanning Habits**

**Skin Type Score**

**Your Fitzpatrick Skin Type**

Skin Type Score	Fitzpatrick Skin Type
0 - 7	1: Extremely Fair Skin, Always Burns, Never Tans
8 - 16	2: Fair Skin, Always Burns, Sometimes Tans
17 - 25	3: Medium Skin, Sometimes Burns, Always Tans
26 - 30	4: Olive Skin, Rarely Burns, Always Tans
over 30	5: Moderately Pigmented Brown Skin, Never Burns, Always Tans
over 30	6: Sun Insensitive, Never Burns, Deeply Pigmented. Darker Blacks

**Part 1. Genetic Disposition**

<b>Your Eye Color</b>	<b>Score</b>	<b>Your Response</b>
Light Blue	0	
Green	1	
Blue (medium to dark)	2	
Brown	3	
Brownish Black	4	

<b>Your Natural Hair Color</b>	<b>Score</b>	<b>Your Response</b>
Red	0	
Blond	1	
Dark Blond/Chestnut	2	
Brown	3	
Black	4	

<b>Color of Your Non-Exposed Skin</b>		
	<b>Score</b>	<b>Your Response</b>
Reddish	0	
Very Pale	1	
Pale with Beige Tint	2	
Light Brown	3	
Dark Brown	4	

<b>Do You Have Freckles on Unexposed Areas?</b>		
	<b>Score</b>	<b>Your Response</b>
Many	0	
Several	1	
Few	2	
Incidental	3	
None	4	

<b>Total Score For Genetic Disposition:</b>	
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**PART 2: Reaction to Sun Exposure**

<b>What Happens When You Stay Too Long In The Sun?</b>		
	<b>Score</b>	<b>Your Response</b>
Painful Redness, Blistering	<b>0</b>	
Moderate Burn, Sometimes Blister	<b>1</b>	
Mild Burn then Peel	<b>2</b>	
Rarely Burn	<b>3</b>	
Never Burn	<b>4</b>	
<b>To What Degree Do You Turn Brown?</b>		
	<b>Score</b>	<b>Your Response</b>
Not At All	<b>0</b>	
Hardly to Light Tan	<b>1</b>	
Medium Tan	<b>2</b>	
Tan Very Easily	<b>3</b>	
Turn Dark Brown Quickly	<b>4</b>	
<b>Do You Turn Brown Within Several Hours of Sun Exposure?</b>		
	<b>Score</b>	<b>Your Response</b>
Never	<b>0</b>	
Seldom	<b>1</b>	
Sometimes	<b>2</b>	
Often	<b>3</b>	
Always	<b>4</b>	
<b>How Does Your Face React to the Sun?</b>		
	<b>Score</b>	<b>Your Response</b>
Very Sensitive	<b>0</b>	
Sensitive	<b>1</b>	
Normal	<b>2</b>	
Very Resistant	<b>3</b>	
No Reaction	<b>4</b>	
<b>Total Score For Reaction To Sun Exposure:</b>		



**PART 3: Tanning Habits and Recent Sun Exposure**

<b>When Did You Last Expose Your Skin to the Sun or an Artificial Tanning Source?</b>		
<b>Artificial Tanning Source?</b>	<b>Score</b>	<b>Your Response</b>
More Than Three Months Ago	<b>0</b>	
2 - 3 Months Ago	<b>1</b>	
1 - 2 Months Ago	<b>2</b>	
Less than 1 Month Ago	<b>3</b>	
Less than 2 Weeks Ago	<b>4</b>	

<b>Do You Expose the Skin Areas to be Treated to the Sun?</b>		
	<b>Score</b>	<b>Your Response</b>
Never	<b>0</b>	
Hardly Ever	<b>1</b>	
Sometimes	<b>2</b>	
Often	<b>3</b>	
Always	<b>4</b>	

<b>Total Score For Tanning Habits:</b>	
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